



Suggestions for your "Go Bag"

Customize your emergency Go Bag kit for your specific therapy

GENERAL

Keep this in the bag along with a list of your supplies that you will need.



1 Information sheet
(place for emergency contact #'s)

✓ Make sure your providers have this information as well – especially where you plan to go!

2 First-aid kit



3 Flashlight
(Extra batteries)



SOME EXAMPLES OF WHAT YOU MIGHT NEED TO INCLUDE :

DRESSING CHANGE SUPPLIES

- Masks
- Gloves
- Gauze
- Prep Pads
- Dressing change kit
- Swab sticks
- Tape
- Sharps container
- Caps/connectors
- Clamps
- Dressings
(i.e., Sorbaview, Tegaderm, Surgilast, Aquaguard)

HPN SUPPLIES

- Hydration (IV fluids)
- Syringes
- Flushes
- Tubing
- Needles
- PN

ORAL/TUBE FEEDING

- Oral rehydration packets + water bottles to mix
- Bottled water for enteral nutrition flushes/hygiene
- Enteral feeding formula

OTHER MISCELLANEOUS SUPPLIES

- Other IV medications and supplies, including flushes
- Batteries
- Thermometer
- Phone charger
- Keep a list of all your medications, injectables, and take them with you
- Ostomy supplies

These are suggestions only.

Each consumer must compile their own list of emergency items based on individual and specific needs.